EXHIBIT NO. 1 — 26 — 6-16-01

Y-ME NCA

Support, Education, Hope

No one should face breast cancer alone

Y-ME of the National Capital Area provides a source of information and support to women and families concerned about breast cancer. All services are free of charge.

24 HOUR HOPEline *(703) 461-9616 or 1-800-970-4411*
Is operated by trained breast cancer survivors. The HOPEline is answered 24 hours a day, 365 days a year. Peer counselors provide encouragement, emotional support and current information from the National Cancer Institute and other medically approved sources. The individual support enhances confidence and encourages each patient to participate in the decision making process of their treatment. Customized information mailings are available. **One-On-One -Matching -** Upon request , HOPEline callers are matched with a trained breast cancer survivor based on diagnosis, treatment type and other concerns.

OPEN DOOR LECTURE SERIES

UPCOMING PROGRAMS

September 8, 2001
9:00 am to 2:00 PM

"Living with Breast Cancer: Circles of Support" will feature *Susan Stamberg* from National Public Radio host of "All Things Considered" will be our keynote speaker. Our endnote speaker will be *Matthew Loscalo*, Clinical Social Worker from John Hopkins Oncology speaking on the impact of breast cancer on men as caregivers. ~ Our breakout sessions will include such topics as "Breast Cancer in the Family" from a genetic viewpoint, Minority support groups/organizations, wellness communities, exercise (getting fit together), Weekend retreats together, healing communities (faith-based approaches) and communities on the Web.~ For more information contact Judy Macon @ Suburban Hospital Breast Center (301) 581-0608

~~ Future Dates for Open Door ~~

October 13, 2001 -TBD

November 17, 2001 - **"Breast Cancer Advocacy and the Scientific Connection"** *w/ Dr. Yvonne Andejeski of NCI* ~ December 8, 2001 -TBD

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Dates for 2002 - March 9, 2002 - **"Breast Cancer Diagnosis and the Life Stages"** talk by *Dr. Stephen Hersh*, MD and Director of Medical Illness Counseling Center.

Lectures are held eight times a year and feature recognized experts in the field of breast cancer and other related issues. Free and open to the public. Lectures begin at 10:00 AM, National Naval Medical Center, 8901 Wisconsin Ave, (Building 10, 2nd Floor auditorium , Bethesda, MD , Unless noted otherwise.

BROWN BAG SEMINARS FOR THE WORKSITE

Y-ME of the National Capital Area offers 30 to 60 minute Brown Bag seminars on breast cancer awareness in any business or community setting. These educational sessions focus on healthy lifestyle choices and a three step detection program with emphasis on screening mammography and breast self exam. Free of charge, the seminar includes a video, simulated breast models and materials to facilitate learning and encourage participation. For more information, or to schedule a Brown Bag Program call our office at 703-461-9595
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United Way -&- Combined Federal Campaign

Y-ME NCA has been accepted as a participating charity for the first time with the UNITED WAY campaign. The COMBINED FEDERAL CAMPAIGN and the UNITED WAY will share the same number. Sometime in the month of June we will be assigned a new number for both campaigns. Look for more details to follow or call the Y-ME office at 703-461-9595.

Donate Your Used Vehicle and Get a Tax Deduction

One quick call can clean out the garage or driveway

To donate your old car just call703-461-9595. Please have the title and the VIN numbers when you call. Pick up is free, even if your car is not in running condition.

Yes, I would like to support Y-ME of the National Capital Area

_____Becoming a member (dues $25 per year) $_____

_____Becoming a volunteer, please send me some information

_____Having a Brown Bag Seminar at my worksite / club meeting

Name_____

Street Address_____

_____

City_____State_____ZIP _____

Payment Method: __Check(payable to Y-ME NCA)

Charge Card___MC ___VISA___ Card #_____

ExpDate:_____ Signature:_____

Return completed form to 6000 Stevenson Ave #203, Alexandria, VA 22304

If you have any questions please call us at

703-461-9595

Thank you for your support.

Y-me National Breast Cancer Organization