

Volunteer Service Report

*Goodwin House
Volunteer Appreciation
Reception*

April 22, 2004

4:30 p.m.

in the Living Room



Volunteers Give From the Heart

Volunteer Activities Within Goodwin House

Resident and community volunteers giving administrative support:

Residents Council members and committees; *Gazette* editors and interviewers; 2003 Employee Christmas Fund Committee; Market Place; Craft Shop; Eden Committee; NeighborCare Pharmacy; Resident Fitness Committee; Residents Council Nominating Committee; *Alexandria Gazette Packet* Column; Bereavement Committee; Blood Drive Registrars; Make A Difference Day Committee; Program Hosts.

Residents who add to our daily life as:

Flower Committee; GH Gardeners; Library Committee; Landscape Committee; Photographer; Altar Guild; Worship Service on the Health Care Unit, Hope Garden and Chapel; display cabinets; holiday decorations; Info Line recorders; *Gazette* recorders.

Residents who provide direct individual service to other residents and staff by:

Offering transportation; playing the piano; visiting on Assisted Living, Health Care Unit and Hope Garden; delivering mail on Health Care Unit and within Goodwin House; sewing/mending in the Buttons and Bows group; knitting with the Knit Wits group; reading to residents; hospital visitation; personal shopping; friendly neighbor chores; tutoring staff and working with staff in English as a second language; making SCAN bookmarks and Hearts for Children; assisting Northern Virginia Family Service; assisting handicapped residents to programs; computer tutoring; dog walking (Penny); Alzheimer's Walk; Breast Cancer Walk.

Residents who provide volunteer leadership for:

Anglophiles; Bingo; Book Club; Book Reviews; Social/Couples Bridge; Duplicate Bridge; Scrabble; Dominoes; Current Events; movie projectionists; Spanish class; Great Decisions; *Miscellany* editors, contributors, typists; Bible Study; Resident Volunteer Liaison; Play Reading; Woodworking Shop; Computer Club; slide lecture presentations; Assisted Living discussion and exercise groups.

Resident Volunteer Activities Outside of Goodwin House

Alcoholics Anonymous
Alexandria Election Board
Alexandria Community Partners for
Children
Alexandria Democratic Committee
Alexandria Gazette Packet
Alexandria Hospital
Alexandria Mental Health Center
Alexandria Symphony
ALIVE!
American Legion
American Red Cross
Arlington Hospital
Arlington Shelter for Domestic Violence
Belle Haven Citizens Association
Beverly Hills Garden Club
Blessed Sacrament Catholic Community
Cancer Fund
Church of St. Clement
Church of the Resurrection
Civitan Club
Columbia Baptist Church
Corcoran Gallery
Community Foundation of Alexandria
DACOR Bacon House Foundation
DACOR Bacon House Education
Committee
Daughters of the American Revolution
ECHO, Springfield
Emmanuel Episcopal Church
Fairfax Children's Hospital
Fairfax Genealogical Society
Fairfax Resolves SAR
Fairlington Methodist Church
Feline Foundation of Greater
Washington
Fort Myer Memorial Chapel
Friends of Alexandria Mental Health
Centers
Friends of Pyke Marsh
George Mason Elementary School

George Mason Regional Library
George Mason Tutoring Program
Grace Episcopal Church
Immanuel Church-on-the-Hill
League of Women Voters
Little Theatre of Alexandria
McLean Family History Center
Meals on Wheels
Mt. Olivet United Methodist Church
NARFE
National Museum of Natural History
National Symphony Orchestra
Northern Virginia Community College
Northern Virginia Family Service
Northern Virginia Methodist Church
Queen of Apostles Catholic Church
St. Alban's Episcopal Church
St. Andrew's Episcopal Church
St. Mary's Episcopal Church
St. John's Episcopal Church
Salvation Army
Senior Walking Club of Arlington
Sleepy Hollow Manor Nursing Home
Sons of American Revolution
Trinity United Methodist Church
United States Geological Survey
United Way of Alexandria
VA Hospital Center
Westminster Presbyterian Church
Wolf Trap
Women's Club of Arlington
Zonta Club of Arlington

Financial Donations

<u>Organization</u>	<u>Jurisdiction</u>
Alexandria Affordable Housing	Alexandria
Alcoholics Anonymous	
Alexandria Community Partners for Children	
Alexandria Firefighters	
Alexandria Police	
Alexandria Senior Citizens Association	
Alexandria Symphony	
Alexandria Volunteer Bureau	
ALIVE!	
Animal Welfare League	
Breast Cancer Walk	
Campagna Center	
Carpenter's Shelter	
Child's Network & Development	
Clothes Closet	
Community Foundation	
Community Partners for Children	
Family Services	
Food Basket	
Friends of Alexandria Mental Health Center	
Goodwin House Chapel, Flowers	
Goodwin House Employees Christmas Fund	
Goodwin House Foundation	
Hopkins House	
Inova Alexandria Hospital	
Little Theatre of Alexandria	
Make A Difference Day	
Senior Services	
United Community Ministries	
United Fund & Combined Federal Fund	
United Way	
VFW	
Virginia Theological Seminary	
YMCA	

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AMEN	Arlington
Arlington Community Foundation	
Arlington Community Residences	
Arlington Democratic Committee	
Arlington Food Bank	

Financial Donations

Arlington Hospital
Arlington Partnership for Affordable Housing
Arlington Residential Program Center
Arlington Shelter for Battered Women
Arlington Symphony
Catholic Charities
League of Women Voters
Shelter for Domestic Violence
Signature Theatre
Walking Club

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Basilica National Shrine
Bread for the City
Children's Hospital
Corcoran College of Art
DACOR Bacon House Foundation
Dinner Program for Homeless Women
Folger Shakespeare Library
Food and Friends
Friends of the National Zoo
House of Ruth
Kennedy Center
N Street Village
National Capital Area Food Bank
National Museum for Women in the Arts
National Symphony Orchestra
Phillips Collection
Smithsonian Institution
SOME
Washington Ballet
Washington National Cathedral
Washington Opera
Whitman Walker Clinic

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District of Columbia

Alzheimer's Walk
Convivium
ECHO
Fairfax County Jail Ministry
Fairfax Resolves, SAR
Feline Foundation
Firefighters Association
Friends of Green Spring Park

Fairfax County

Financial Donations

Humane Society
McLean Family History Center
Mt. Vernon Ladies Association
SHARE, Inc.
Virginia Fraternal Order of Police
Women's Center
Wolf Trap

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Maryland Public Television

Maryland

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American Cancer Society
American Heart Association
American Legion
American Red Cross
Animal Welfare
Planned Parenthood
Send a Kid to Camp
Second Harvest
Veterans of Foreign Wars

Metro Area

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Coalition for Homeless
Community Lodgings, Inc.
Daughters of the American Revolution
Diabetes Association
Easter Seals
Hospice of Northern Virginia
March of Dimes
New Dominion Chorale
Northern Virginia Family Services
Northern Virginia Center for Homeless
Northern Virginia Resource for the Deaf
Residential Youth Services
WETA

Northern Virginia

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Financial Donations

American Horticulture Society
America Cares
American Lung Association
Arthritis Foundation
CARE
Central Union Mission
Child and Family Network
Death With Dignity
Doctors Without Borders
Feed the Children
Girl Scouts of America
Goodwill Industries
Gospel Rescue Mission
Habitat for Humanity
Kidney Foundation
Koinonia
Leukemia Foundation
Macular Degeneration Association
Multiple Sclerosis Society
NARFE
National Democratic Society
National Republican Party
Parkinson's Foundation
Salvation Army
Student Conservation Association
United Way
Vietnam Veterans of Virginia
Virginia CURE
Virginia Special Olympics
Volunteers of America
World Wildlife Federation
YMCA

Notable Statistics for 2003

Total Volunteers
- 90 residents
- 39 from community

*These volunteers have served in 70 different activities
or programs within Goodwin House.*

*Residents have served at 69 different sites
in the surrounding communities.*

*Residents have made financial contributions
to agencies, excluding churches:*

- *34 in Alexandria*
- *15 in Arlington*
- *22 in the District of Columbia*
- *15 in Fairfax County*
- *54 in Other Locales*

*The total time served by all volunteers
is in excess of 1800 hours a month.*

*This equates to over 21,000 volunteer hours per year.
(Over 10,000 hours given in community; over 11,000 hours given inside Goodwin House.)*

*The Commission for National & Community Service values volunteer service
at an average of \$20.00 per hour.*

Our volunteer hours could be valued at over \$420,000.