

EXHIBIT NO. 1

4 (a-b)
1-27-09

Receipt of the Following Resignations From Members of Boards, Commissions and Committees:

Alexandria Building Code Board of Appeals
Thomas A. Downey, Jr.

Alexandria Commission on Aging
Lisa Burnard



"Tom and Kay"
<tomandkay1@comcast.net>
01/13/2009 01:40 PM

To <kay.mendenhall@alexandriava.gov>
cc
bcc
Subject Building Code Board of Appeals

Dear Ms. Mendenhall

This e-mail is to confirm our phone conversation of today. Please accept this letter as my resignation from the Building Code Board of Appeals, effective immediately.

I was the chairman of the Alexandria Building Code Advisory Board in the 1970s and have been on the Board of Appeals since the 1980s, with one interruption during that period when I did not file a financial disclosure in a timely manner. After being retired for eight years, I did not renew my professional engineering registration last fall. I no longer consider myself to be an "engineer".

It is time for other people to serve on the Board of Appeals and for me to move on to other challenges.

Thomas A. (Tom) Downey, Jr.



Debbie Ludington/Alex
01/13/2009 09:19 AM

To Rose Boyd/Alex@Alex
cc wpharris@comcast.net, MaryAnn Griffin/Alex@Alex
bcc
Subject Fw: Commission on Aging

Hi Rose. Please see the email below regarding Lisa Burnard's resignation from the Commission on Aging.

Debbie Ludington
Long Term Care Coordinator
City of Alexandria Dept. of Human Services
Office of Aging and Adult Services
2525 Mt. Vernon Avenue
Alexandria, VA 22301
703-838-0927
FAX 703-549-1382

— Forwarded by Debbie Ludington/Alex on 01/13/2009 09:19 AM —



"Bill Harris"
<wpharris@comcast.net>
01/09/2009 07:02 AM

To "Lisa Burnard" <lisaburnard@yahoo.com>
cc "David Horne" <dhatalaw@aol.com>, "Debbie Ludington"
<Debbie.Ludington@alexandriava.gov>, "MaryAnn Griffin"
<MaryAnn.Griffin@alexandriava.gov>
Subject Commission on Aging

Hi Lisa,

Yesterday David Horne related to me your phone call in which you told him you won't be coming to any more Commission meetings. I take your comments to David, along with your phone comments to me that you won't take any committee assignments, to mean that you are resigning from the Commission.

Based on this information I am hereby confirming your resignation from the Alexandria Commission on Aging effective immediately.

Your ideas for helping children are worthy and I wish you well in whatever endeavors you undertake with them.

With my very best wishes,

Bill Harris
Commission on Aging